



**BRISTOL INTRODUCTORY
COURSE IN
GROUP ANALYSIS
INCLUDING ITS THEORY AND
APPLICATION IN BOTH
CLINICAL AND
ORGANISATIONAL SETTINGS**

**Organised by Group Analysis South West
in conjunction with the
Group Analytic Network (West)**

A 30 week course of lectures, seminars and
experiential groups.

Mondays: 5.30 pm – 8.30 pm

Beginning: 14th October 2019

Venue: 12 Sydenham Road, Cotham,
Bristol, BS6 5SH

Fee: £1200 (payable over 3 terms or
by 10 consecutive Standing Order
payments starting Sept 2019)
Plus a £50 registration fee

**A part-time course with a multi-disciplinary approach
For health care professionals, clinical and managerial,
organisational consultants, social services personnel,
counsellors, therapists, teachers, trainers and others
concerned with small and large groups.**

**Early application is advised, as numbers will be
limited.**

**Application forms and further details from:
The Training Co-ordinator
Group Analysis South West
12 Sydenham Road, Bristol BS6 5SH
Telephone 0117 9423343
Email: groupanalysisuk@gmail.com**

**Successful completion of this Introduction Course is
a pre-requisite for joining GASW's Qualifying Course,
which is accredited by UKCP. The course is recognised
by many UKCP Member Organisations and NHS Trusts
as Continuing Professional Development.**

**BRISTOL INTRODUCTORY COURSE
IN GROUP ANALYSIS**

Group Analysis is a way of understanding group processes in small and large groups, a method of psychotherapy in which it is possible to mirror the context of a person's life. It has its roots in psychoanalysis, sociology and systems theory. It is concerned with the reciprocal relationship between a person and the many groups of which he or she may be a part. Through it we can explore what bearing the public and private, outer and inner, aspects of our lives have on one another, and the dialectic between group and personal development.

Whilst group analytic ideas set the context for the course, participants are expected to introduce and develop their own areas of interest and apply the principles they are learning to their work context.

Course Entry Requirements:

The course is intended for individuals who are interested and involved in groups, including naturally occurring groups.

Course Aims:

This course offers effective training to increase the knowledge and skills of professionals working with groups in a wide range of settings. The course combines theoretical and experiential learning to provide a model of good practice which can be applied to a wide range of therapeutic and work groups.

Course Structure

The course consists of three terms over a period of one academic year. In terms one and two the first session consists of an hour and a quarter lecture or seminar and, in the third term, the experience of a Median Group. In the second session participants join a small experiential group, conducted by an experienced group analyst, which will determine its own therapeutic level and goals.

Applicants who have concerns regarding access and/or special needs are encouraged to contact Cathy Benjamin, GASW's Training Co-ordinator, by telephone 0117 9423343 or email groupanalysisuk@gmail.com

Course content includes:

An introduction to Group Analysis
Group specific theories of process
Groups and Psychoanalytic theory
Groups within organisations
Unconscious processes in groups
The Setting and Setting up of groups
Phases of group development
Some models of change in groups
Types of small psychotherapy groups
Managing differences in groups
The role of the group conductor

Course Learning Outcomes:

Participants will gain an understanding of the group as a whole; the inter-relationship of the individual to the group; how neither can be viewed as separate but each has to be understood in relation to the other. The nature and importance of communication will be considered, as will the need to focus on process as well as content.

Participants should complete the course understanding the importance of structure in establishing a group, the need to focus on the boundaries of the group and have models for understanding the process within the group. The function of leadership and its tasks will have been considered. On completion, members may expect to have (1) a greater understanding of group dynamics in their work and in their lives and (2) the knowledge and confidence to establish and conduct a group in an agency setting, while being aware of their need for supervision and further appropriate training.

Teaching and Learning Strategies

The theoretical sessions lead to increased understanding of the dynamic processes which occur in the experiential group. Learning occurs partly through integrating across the boundary the experience of being a member of both an experiential and a seminar group.

Group Analysis South West is registered in England as a Company, limited by guarantee No.40492765 and a Registered Charity No.102637

PROGRAMME

2019 TERM ONE

Pre-Course Reading	'Group Analysis: Group Analytic Psychotherapy' (Hearst & Behr)
Christine Brookes & Suzi Sparham 14.10.2019	An Introduction to Group Analysis The Group-analytic Situation
Seminar 21.10.2019	'Some basic concepts in Group Psychotherapy' (Foulkes)
Seminar 28.10.2019	'Foulkes' Concept of the Matrix' (Roberts) and 'The Group as Matrix' (Foulkes)
Christine Brookes 04.11.2019	Therapeutic Processes in Groups
Seminar 11.11.2019	'Transference & Countertransference in Group Psychotherapy' (Kreeger) and 'Aspects of Transference in Groups' (Marrone)
Seminar 18.11.2019	'On Projective Identification' (Ogden)
Seminar 25.11.2019	'A Contribution to the Understanding of the Social Unconscious' (Brown)
Seminar 02.12.2019	'The Scapegoat Motif' (Taylor & Rey)
Pete Aston 09.12.2019	Group Analysis in an Organisational Setting
Seminar 16.12.2019	'The Study of Groups - Wilfred Bion' (Symington & Symington)

PROGRAMME

2020 TERM TWO

Pete Aston 20.01.2020	Beginning a Group - Dynamic Administration
Seminar 27.01.2020	'Developmental Stages in Groups' (Norman Vella)
Seminar 03.02.2020	'Differences in Groups: Heterogeneity & Homogeneity' (Barnes, Ernst, Hyde)
Suzi Sparham 10.02.2020	Time-Limited, Theme-Focused Groups
Seminar 17.02.2020	'Group Analysis: Taking the Non-Problem Seriously' (Garland)
Seminar 24.02.2020	'Oedipal and Sibling Dynamics in Organisations'
Seminar 02.03.2020	Emergence of Racism in Group Analysis (Blackwell)
Julie Wilde 09.03.2020	Endings in Groups
Seminar 16.03.2020	The Functioning of Social Systems (Menziés Lyth)
23.03.2020	Review of theoretical Lectures/papers

Course Members will be eligible for a Certificate of Course Completion if attendance is 90% or above

PROGRAMME

2020 TERM THREE

Easter Break (30 th)
Easter Break (6 th)
Easter Monday (13 th) 20.04.2020
27.04.2020
04.05.2020
11.05.2020
18.05.2020
Spring Bank Holiday
01.06.2020
08.06.2020
15.06.2020
22.06.2022
29.06.2022

Each week of the third Term staff and course Members will meet in a Median Group

The Median Group lies between the small analytic Group with its family-like dynamics and the large Group in which them-and-us splits and feelings of anonymity and depletion often predominate. The basic aim is deceptively simple: learning to talk to each other. This involves building bridges across the divides of social and cultural experience as well as personal experience. The prospect of experiential and applied learning on how to think together in large numbers and how to facilitate this process is an exciting one which Group Analysis has initiated.