



**BRISTOL INTRODUCTORY
COURSE IN
GROUP ANALYSIS
INCLUDING ITS THEORY AND
APPLICATION IN BOTH
CLINICAL AND
ORGANISATIONAL SETTINGS**

**Organised by Group Analysis South West
in conjunction with the
Group Analytic Network (West)**

A 30 week course of lectures, seminars and
experiential groups.

Mondays: 5.30 pm – 8.30 pm

Beginning: 15th October 2018

Venue: 12 Sydenham Road, Cotham,
Bristol, BS6 5SH

Fee: £990 (payable over 3 terms or
by 9 consecutive Standing Order
payments starting 15th Sept 2018)
Plus a £50 registration fee

**A part-time course with a multi-disciplinary approach
For health care professionals, clinical and managerial,
organisational consultants, social services personnel,
counsellors, therapists, teachers, trainers and others
concerned with small and large groups.**

**Early application is advised, as numbers will be
limited.**

**Application forms and further details from:
The Training Co-ordinator
Group Analysis South West
12 Sydenham Road, Bristol BS6 5SH
Telephone 0117 9423343
Email: groupanalysisuk@gmail.com**

**Successful completion of this Introduction Course is
a pre-requisite for joining GASW's Diploma Training.
The course is recognised by many UKCP Member
Organisations and NHS Trusts as Continuing
Professional Development.**

**BRISTOL INTRODUCTORY COURSE
IN GROUP ANALYSIS**

Group Analysis is a way of understanding group processes in small and large groups, a method of psychotherapy in which it is possible to mirror the context of a person's life. It has its roots in psychoanalysis, sociology and systems theory. It is concerned with the reciprocal relationship between a person and the many groups of which he or she may be a part. Through it we can explore what bearing the public and private, outer and inner, aspects of our lives have on one another, and the dialectic between group and personal development.

Whilst group analytic ideas set the context for the course, participants are expected to introduce and develop their own areas of interest and apply the principles they are learning to their work context.

Course Entry Requirements:

The course is intended for individuals who are interested and involved in groups, including naturally occurring groups.

Course Aims:

This course offers effective training to increase the knowledge and skills of professionals working with groups in a wide range of settings. The course combines theoretical and experiential learning to provide a model of good practice which can be applied to a wide range of therapeutic and work groups.

Course Structure

The course consists of three terms over a period of one academic year. In terms one and two the first session consists of an hour and a quarter lecture or seminar and, in the third term, the experience of a Median Group. In the second session participants join a small experiential group, conducted by an experienced group analyst, which will determine its own therapeutic level and goals.

Applicants who have concerns regarding access and/or special needs are encouraged to contact Cathy Benjamin, GASW's Training Co-ordinator, by telephone 0117 9423343 or email groupanalysisuk@gmail.com

Course content includes:

An introduction to Group Analysis
Group specific theories of process
Groups and Psychoanalytic theory
Groups within organisations
Unconscious processes in groups
The Setting and Setting up of groups
Phases of group development
Some models of change in groups
Types of small psychotherapy groups
Managing differences in groups
The role of the group conductor

Course Learning Outcomes:

Participants will gain an understanding of the group as a whole; the inter-relationship of the individual to the group; how neither can be viewed as separate but each has to be understood in relation to the other. The nature and importance of communication will be considered, as will the need to focus on process as well as content.

Participants should complete the course understanding the importance of structure in establishing a group, the need to focus on the boundaries of the group and have models for understanding the process within the group. The function of leadership and its tasks will have been considered. On completion, members may expect to have (1) a greater understanding of group dynamics in their work and in their lives and (2) the knowledge and confidence to establish and conduct a group in an agency setting, while being aware of their need for supervision and further appropriate training.

Teaching and Learning Strategies

The theoretical sessions lead to increased understanding of the dynamic processes which occur in the experiential group. Learning occurs partly through integrating across the boundary the experience of being a member of both an experiential and a seminar group.

Group Analysis South West is registered in England as a Company, limited by guarantee No.40492765 and a Registered Charity No.102637

PROGRAMME

2018 TERM ONE

Pre-Course Reading	'Group Analysis: Group Analytic Psychotherapy' (Hearst & Behr)
Christine Brookes & Suzi Sparham 15.10.2018	An Introduction to Group Analysis The Group-analytic Situation
Seminar 22.10.2018	'Some basic concepts in Group Psychotherapy' (Foulkes)
Seminar 29.10.2018	'Foulkes' Concept of the Matrix' (Roberts) and 'The Group as Matrix' (Foulkes)
Christine Brookes 05.11.2018	Therapeutic Processes in Groups
Seminar 12.11.2018	'Transference & Countertransference in Group Psychotherapy' (Kreeger) and 'Aspects of Transference in Groups' (Marrone)
Seminar 19.11.2018	'On Projective Identification' (Ogden)
Seminar 26.11.2018	'A Contribution to the Understanding of the Social Unconscious' (Brown)
Seminar 03.12.2018	'The Scapegoat Motif' (Taylor & Rey)
Pete Aston 10.12.2018	Group Analysis in an Organisational Setting
Seminar 17.12.2018	'The Study of Groups - Wilfred Bion' (Symington & Symington)

PROGRAMME

2019 TERM TWO

Pete Aston 14.01.2019	Beginning a Group - Dynamic Administration
Seminar 21.01.2019	'Developmental Stages in Groups' (Norman Vella)
Seminar 28.01.2019	'Differences in Groups: Heterogeneity & Homogeneity' (Barnes, Ernst, Hyde)
Suzi Sparham 04.02.2019	Time-Limited, Theme-Focused Groups
Seminar 11.02.2019	'Group Analysis: Taking the Non-Problem Seriously' (Garland)
Seminar 18.02.2019	'Oedipal and Sibling Dynamics in Organisations'
Seminar 25.02.2019	Emergence of Racism in Group Analysis (Blackwell)
Hilary Waters 04.03.2019	Endings in Groups
Seminar 11.03.2019	The Functioning of Social Systems (Menziés Lyth)
18.03.2019	Review of theoretical Lectures/papers

Course Members will be eligible for a Certificate of Course Completion if attendance is 90% or above
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PROGRAMME

2019 TERM THREE

25.03.2019	} Bank Holiday Each week of the third term staff and course Members will meet in a Median Group
01.04.2019.	
08.04.2019	
Easter Monday	
Easter Week	
Bank Holiday	
13.05.2019	
20.05.2019	
Bank Holiday	
03.06.2019	
10.06.2019	
17.06.2019	
24.06.2019	
01.07.2019	

The Median Group lies between the small analytic Group with its family-like dynamics and the large Group in which them-and-us splits and feelings of anonymity and depletion often predominate. The basic aim is deceptively simple: learning to talk to each other. This involves building bridges across the divides of social and cultural experience as well as personal experience. The prospect of experiential and applied learning on how to think together in large numbers and how to facilitate this process is an exciting one which Group Analysis has initiated.