

Programme

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2022	Term One	2023	Term Two	2023	Term Three
Pre–Course Reading:	Barnes, B., Ernst, S., and Hyde, K. (1999) 'An Introduction to Groupwork – A Group-Analytic Perspective, London, Palgrave/MacMillan Lorentzen, S. (2014) 'Group Analytic Psychotherapy – Working with affective, anxiety and personality disorders' London, Routledge	9/1/23	Therapeutic activity and group phenomena		Each week of the third term staff and course members will meet in a Median Group
		16/1/23	Group process and intervention	17/4/23	Median Group
		23/1/23	Difference and similarity - the individual and the group as a whole	24/4/23	Median Group
				11/4/23	Median Group
10/10/22	A group analytic approach	30/1/23	Communication in the group	1/5/23	BREAK
				8/5/23	Median Group
17/10/22	The individual and the group	6/2/23	Dilemmas in the group	15/5/23	Median Group
		13/2/23	The conductor	22/5/23	Median Group
24/10/22	The group and the individuals (1)			29/5/23	BREAK
		27/2/23	Experiential and workplace groups	5/6/23	Median Group
31/10/22	The group and the individuals (2)	6/3/23	Endings	12/6/23	Median Group
7/11/22	The time limited group			19/6/23	Median Group
14/11/22	The group in action (1)	13/3/23	Setting up and conducting theme focused, time limited groups	26/6/23	Median Group
		20/3/23	Course review and integration		
21/11/22	The group in action (2)				
28/11/22	Dynamic Administration				
5/12/22	Working with the theme				
12/12/22	Review				
					The Median group lies between the small analytic group with its family dynamics and the large group in which them-and-us splits and feelings of anonymity and depletion often predominate. The basic aim is deceptively simple: learning to talk to each other. This involves building bridges across the divides of social and cultural experience as well as personal experience.