



## **POLICY ON CONTINUING PROFESSIONAL DEVELOPMENT**

**For all full GASW members**

**If you are a UKCP member registering via GASW, please use this policy in conjunction with UKCP and CPJA CPD Policies which can be found on the UKCP website.**

1. Group Analysis South West (GASW) recognises the importance of Continuing Professional Development (CPD) and acknowledges responsibility for providing ways to enable its full members, wherever they are based, to maintain a programme of CPD. The definition of development which applies here will include returning to original texts as well as keeping abreast of any new developments. CPD should involve a balance of clinical CPD (via supervision, training, etc.) and wider professional development (via committee activity, etc.). GASW is therefore committed to maintaining a culture of talks, discussions, study days, workshops and other activities which will enable its members to develop and freely participate in their own ways, as well as providing opportunities for its full members to participate within its committee structure.
2. GASW full members have responsibility to keep focussed on their continuing development, in order to maintain their interest in the work they are doing, to keep themselves abreast of changes and challenges to theory and practice, and to work on their own professional competence in whatever way fits their personal and professional needs.
3. CPD is about moving from passive experience to active attempts to learn from that experience. Development involves the active reflection on experience in a

way that allows for the individual to specify what has been learned or reconfirmed. Registrants' CPD activity will be reviewed annually by GASW. GASW's Full Members will be required to maintain a written record of all CPD activity, together with sufficient information to indicate both the reasons why this activity was undertaken and the benefit gained by the experience. A form to record this information will be sent out with the renewal of membership form each January; the information you provide should be retained for a period of six years.

4. GASW recommends that members undertake a minimum of 250 hours of CPD over 5 years, with a minimum of 20 hours in any one year.
5. Each calendar year Full Members should receive a minimum of 15 hours of supervision or consultation regarding their clinical work, as well as a similar number of hours of activities from varied learning contexts. The list is by no means exhaustive, but includes:
  - I. supervision and consultations (minimum of 15 hours per annum)
  - II. personal development
  - III. teaching, writing, presentations
  - IV. personal therapy
  - V. courses, seminars, lectures, conferences
  - VI. committees and meetings
  - VII. research
  - VIII. Professional discussion groups
  - IX. reading, plays, films, music, visual arts

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