

Working with Groups: An exploratory weekend workshop

**Saturday 31st January and
Sunday 1st February 2026
Brunswick Court, Bristol BS2 8PE**

Join us for a weekend designed to explore the rich and fascinating dynamics of group life. Through participating in large and small group encounters, interactive talks, and shared experience, we will reflect on group processes, finding moments of new insight, in an atmosphere that is enriching, accessible and inclusive of diverse perspectives.

Rooted in the group-analytic tradition, the weekend aims to offer a supportive, engaging space, which will be of interest to anyone working with, or thinking about working with, groups.

These may include those working in the caring professions or the charitable sector, those interested in organisational dynamics, work teams and leadership, or those keen to understand more about how they engage and interact with the groups in their lives. CPD Certificates are available.

PROGRAMME

Saturday 31st January 2026

09:30 – 10:00 Refreshments and registration
10:00 – 10:15 Welcome and introduction
10:15 – 11:00 Workshop: "Working with Groups: Group Analytic Approach"
11:00 – 11:30 Break
11:30 – 12:45 Small Experiential Groups
12:45 – 13:45 Lunch
13:45 – 14:45 Workshop: "Groupwork and Therapy"
14:45 – 15:00 Break
15:00 – 16:30 Median Group

Sunday 1st February 2026

09:30 – 10:00 Refreshments
10:00 – 11:15 Small Experiential Groups
11:20 – 12:20 Workshop: "Groupwork and Organisations"
12:20 – 13:00 Lunch
13:00 – 14:30 Median Group
14:30 – 14:45 Short Break
14:45 – 15:30 Reflective Application Group

Delegate Fees:

Introductory Rate - for bookings up to 15 December 2025

Non GASW Members £295.00
GASW Members £245.00

Standard Rate - for bookings from 16 December 2025

Non GASW Members £350.00
GASW Members £295.00

NB. Refreshments and lunch are included

To book your place, please email info@gasw.org.uk

