

## **Working with Groups: An exploratory weekend workshop**

**Saturday 31<sup>st</sup> January and  
Sunday 1<sup>st</sup> February 2026  
Brunswick Court, Bristol BS2 8PE**

Join us for a weekend designed to explore the rich and fascinating dynamics of group life. Through participating in large and small group encounters, interactive talks, and shared experience, we will reflect on group processes, finding moments of new insight, in an atmosphere that is enriching, accessible and inclusive of diverse perspectives.

Rooted in the group-analytic tradition, the weekend aims to offer a supportive, engaging space, which will be of interest to anyone working with, or thinking about working with, groups.

These may include those working in the caring professions or the charitable sector, those interested in organisational dynamics, work teams and leadership, or those keen to understand more about how they engage and interact with the groups in their lives.

CPD Certificates are available.

### **PROGRAMME**

#### **Saturday 31<sup>st</sup> January 2026**

- 09:30 – 10:00 Refreshments and registration
- 10:00 – 10:15 Welcome and introduction
- 10:15 – 11:00 Workshop: "Working with Groups: Group Analytic Approach"
- 11:00 – 11:30 Break**
- 11:30 – 12:45 Small Experiential Groups
- 12:45 – 13:45 Lunch**
- 13:45 – 14:45 Workshop: "Groupwork and Therapy"
- 14:45 – 15:00 Break**
- 15:00 – 16:30 Median Group

#### **Sunday 1<sup>st</sup> February 2026**

- 09:30 – 10:00 Refreshments
- 10:00 – 11:15 Small Experiential Groups
- 11:20 – 12:20 Workshop: "Groupwork and Organisations"
- 12:20 – 13:00 Lunch**
- 13:00 -14:30 Median Group
- 14:30 – 14:45 Short Break**
- 14:45 – 15:30 Reflective Application Group

**Delegate Fee:**

**£295.00**

NB. Refreshments and lunch are included

To book your place, please email [info@gasw.org.uk](mailto:info@gasw.org.uk)

