

FOUNDATIONS OF GROUP ANALYSIS

*Exploring the theory, practice and experience of
psychodynamic groupwork*

**STARTING
SEPTEMBER
2026**

SIGN UP TODAY!

Email info@gasw.org.uk to
book your
place or for further
information

**TUESDAY EVENINGS,
STARTING 29TH
SEPTEMBER**

Course Fees:

Before 30th June: £1690

From 1st July: £1850

Flexible payment options are
available

Non-refundable deposit of
£200 payable to confirm your
place

OVERVIEW

This **ten-month programme** provides a comprehensive introduction to the group-analytic model of groupwork, and is designed for anyone keen to understand more about how groups work and what they're good for. It will be of special interest to you if you are currently working with (or thinking about working with) groups of any kind, or if you are wondering about how you 'show up' in groups, how you relate to others, or how groups can be used to unlock creativity and personal growth.

Through a combination of **weekly online study groups**, you will learn about foundational concepts in group-analytic and psychodynamic thinking, which you will then have an opportunity to explore in more depth through the experience of being with others in an **online experiential group**.

COURSE STRUCTURE

Terms One and Two (Autumn & Winter)

17:30 – 19:00: Online Study Group (90 minutes)

A facilitated group discussion of a topic related to group-analytic or psychodynamic theory or practice.

19:30 – 21:00: Online Experiential Group (90 minutes)

A group conducted by a qualified and experienced group analyst, aimed to help participants explore how the theory can be brought to life in a real group. These are not therapy groups, but participants often find them personally rewarding, challenging and insightful.

Term Three (Spring)

17:30 – 19:00: Online Median Group (90 minutes)

In the median group, the two small experiential groups come together to explore how it impacts dynamics when two established 'communities' combine.

19:30 – 21:00: Online Experiential Group (continued from terms one and two)

Terms one, two and three:

Each term will have a one-off in-person workshop and median group on a Saturday or Sunday (09:30 – 15:00). Places on these days will also be open to trainees on the Diploma Course, and to members of the public as a stand-alone CPD event.